

Middlesex, UB3 2SE

Tel No: 07494 418 995 Head Office: 020 3819 3428 NURSERY NEWS

Monday 14th March 2022

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### Welcome!

I hope you are all keeping well. I want to welcome you all back to our fortnightly newsletter.

Our hearts go out to the people of Ukraine and we deeply empathise with what they are going through and to show our support as a community, we are coming together to raise money and gather donations to offer to the families and children during this difficult time. Please speak to the nursery managers for more information.

I have attached a Spring Challenge for you to do with your child. It would be great if you could share some of what you do and find with other parents. If you are able to take any pictures then please share them with us and we can create Spring Challenge displays in each of our nurseries.

Next week in nursery we will be going on a walk in our nursery environment and complete our own Spring Challenge.

Gill Bennett

Nursery Services Manager

# Painting Pots and Planting Seeds





We have been getting ready for spring and planting our own seeds. We used shovels to scoop soil into our plant pots which we painted using spring colours. We will be watering our flowers and watching them grow through the spring.

# Mixing Playdough





The toddlers and pre-schoolers have enjoyed making their own playdough. Using lots of different ingredients, the children were able to measure out the correct amount using cups. This was a useful way to practice counting numbers. Once the playdough was complete, the children enjoyed moulding different shapes. The acts of squishing, rolling, flattening,help your child develop muscles used in their hands for fine motor skills.

## Sensory Water Play



We have been exploring the sensory water. We investigated using cups and bowls to search through the mixture of water and bubbles to find the hidden pom poms. We were speaking about what the bubbles smelt like and when we listened very carefully we could hear them pop! Sensory play is an excellent way of supporting a childs development. Not only does water play encourage a child to use their motor skills, it also supports language development, but above all, it encourages a child to use their imagination, develops creative thinking which plays an important role in problem-solving.

### World Book Day



On world book day the children dressed up as their favourite characters and shared their favourite story book with their friends. We had our very own Little Marvels superheroes saving the day and making sure all the children were following our Golden Rules'. Dressing up, for children is a wonderful way of expressing their creative thinking. It also supports children practice their language skills and encourages them to use their social skills.

#### Emotions Puzzle



In Preschool we have been focusing on our emotions. We have been reading stories about our feelings and also doing puzzles that show us what different emotions and feelings might look like. Jaden Says 'He is crying, he's sad'. Supporting children to identify different emotions will help them to communicate how they are feeling and what they need as well as work towards regulating their own emotions. It also helps them to build healthy relationships as they have more empathy and compassion towards others and their feelings.

