

# Little Marvels Nursery Services Menu



## Week One

Option	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Halal:</b>	Tender lightly coated chicken breast goujons, served with homemade potato chips and hearty beans.	Classic Spaghetti with a homemade Bolognese sauce.	Freshly marinated chicken tikka & homemade masala sauce with steamed rice.	Slow roasted turkey with onion gravy, oven roast potatoes and sage & onion stuffing.	Lightly coated fish fingers, paired with seasoned potato wedges and fibrich baked beans.
<b>Non-Halal:</b>	Tender lightly coated chicken breast goujons, served with homemade potato chips and hearty beans.	Classic Spaghetti with a homemade Bolognese sauce.	Freshly marinated chicken tikka & homemade masala sauce with steamed rice.	Slow roasted turkey with onion gravy, oven roast potatoes and sage & onion stuffing.	Lightly coated fish fingers, paired with seasoned potato wedges and fibrich baked beans.
<b>Side vegetables:</b>	Tender green beans and naturally sweet garden sweetcorn.	Freshly cooked carrots and sweet peas.	Freshly steamed broccoli and cauliflower florets.	Sweet baby corn alongside freshly made pointed cabbage.	Freshly cooked baby carrots and steamed peas.
<b>Vegetarian:</b>	Oven-baked jacket potato, served with a choice of wholesome fillings including tuna, creamy coleslaw, and mature cheese.	Homemade Ratatouille Spaghetti.	Macaroni pasta baked in a rich, creamy cheese sauce made from scratch.	Homemade cauliflower and broccoli cheese bake or vegetarian goujons.	Freshly made, tomato bake in a creamy sauce or oven baked veggie fingers.
<b>Dessert:</b> Fresh fruit and fat free yoghurt is served as an alternative to all desserts.	Naturally flavoured strawberry ice cream with less sugar, topped with wholesome, juicy fresh strawberries.	Freshly baked homemade banana bread.	Homemade oat cookies baked with whole oats and naturally sweet raisins.	Sugar free strawberry jelly.	Freshly prepared fruit salad with naturally sweet, seasonal fruits.

Prepared fresh daily to ensure quality, taste, and nutrition.

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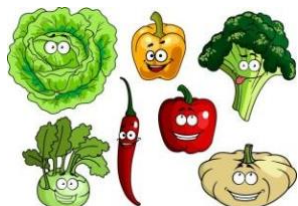


## Week Two

Option	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Halal:</b>	Savory homemade meatballs in a naturally flavourful tomato sauce with spaghetti.	Freshly prepared lamb koftas, served with fluffy rice and a yoghurt and cucumber dip.	Baked jacket potatoes served with a variety of wholesome fillings, including lean sliced chicken, fresh salad, crunchy coleslaw, tuna, and hearty baked beans.	Slow roasted chicken with onion gravy, oven roast potatoes and sage & onion stuffing.	Oven baked fish pie served with fresh baby potatoes and steamed broccoli.
<b>Non-Halal:</b>	Savory homemade meatballs in a naturally flavourful tomato sauce with spaghetti.	Freshly prepared lamb koftas, served with fluffy rice and a yoghurt and cucumber dip.	Baked jacket potatoes served with a variety of wholesome fillings, including lean sliced chicken, fresh salad, crunchy coleslaw, tuna, and hearty baked beans.	Slow roasted chicken with onion gravy, oven roast potatoes and sage & onion stuffing.	Oven baked salmon fillet served with fresh baby potatoes and steamed broccoli.
<b>Side vegetables:</b>	Fresh cauliflower and broccoli florets.	Fresh green peas and crisp green beans.	Freshly steamed sweetcorn.	Roasted garden carrots and fresh green cabbage.	Soft courgettes and peas medley.
<b>Vegetarian:</b>	Homemade veggie meatballs served over wholesome spaghetti.	Freshly made, homemade creamy pasta bake.	Oven baked sweet potatoes with a selection of healthy fillings: creamy coleslaw, tuna, and low fat cheese.	Oven baked plant based goujons, served with roast potatoes and onion gravy.	Oven baked vegetable and tomato medley, layered with fresh, nutrient rich vegetables.
<b>Dessert:</b> Fresh fruit and fat free yoghurt is served as an alternative to all desserts.	Creamy, no added sugar strawberry mousse, served with fresh strawberries.	Wholesome homemade carrot cake.	Creamy, low fat cheesecake.	Homemade, freshly baked apple pie.	No added sugar, strawberry angel delight.

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## Week Three

Option	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Halal:</b>	Grilled Chicken sausages served alongside creamy mashed potatoes and rich, homemade onion gravy.	Homemade beef lasagne, wholesome ingredients, and served with a fresh salad.	Grilled chicken breast with a light BBQ marinade, served with fluffy rice.	Oven grilled Cajun chicken in a wholemeal pitta, paired with lightly roasted potato slices and a tomato salsa.	Crispy oven baked salmon fish fingers served with oven baked potato wedges.
<b>Non-Halal:</b>	Grilled Chicken sausages served alongside creamy mashed potatoes and rich, homemade onion gravy.	Homemade beef lasagne, wholesome ingredients, and served with a fresh salad.	Grilled chicken breast with a light BBQ marinade, served with fluffy rice.	Oven grilled Cajun chicken in a wholemeal pitta, paired with lightly roasted potato slices and a tomato salsa.	Crispy oven baked salmon fish fingers served with oven baked potato wedges.
<b>Side vegetables:</b>	Steamed Carrots and green cabbage.	Fresh cauliflower and broccoli florets.	Tender green beans and sweetcorn medley	Steamed baby carrots and peas.	Steamed broccoli and peas.
<b>Vegetarian:</b>	Plant based sausages served with mashed potatoes and a wholesome onion gravy.	Oven baked vegetable lasagne, nutrient rich vegetables, served with salad.	Fluffy baked jacket potato served with a variety of wholesome fillings such as chicken, tuna, fresh salad, coleslaw, and baked beans.	Oven grilled Quorn chicken in a soft pitta, served with oven baked potato slices and fresh tomato salsa.	Macaroni pasta baked in a rich, creamy cheese sauce made from scratch.
<b>Dessert:</b> Fresh fruit and fat free yoghurt is served as an alternative to all desserts.	Naturally sweetened orange jelly, free from added sugar.	Orange and mango fruit ice smoothie.	Freshly prepared apple crumble with rich, smooth custard, made with wholesome ingredients and natural sweetness.	Light apricot yoghurt, naturally low in fat.	Naturally sweet baked apples with cinnamon, served with homemade custard.

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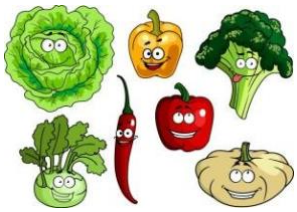


## Week Four

Option	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Halal:</b>	Classic Spaghetti with a homemade Bolognese sauce.	Oven grilled chicken sausages with creamy mashed potatoes and a side of baked beans.	Homemade diced lamb and vegetable stir fry with whole grain noodles.	Oven roasted chicken with onion gravy, freshly baked potatoes and stuffing balls.	Savory fish cakes served with roasted potato wedges and baked beans.
<b>Non-Halal:</b>	Classic Spaghetti with a homemade Bolognese sauce.	Oven grilled chicken sausages with creamy mashed potatoes and a side of baked beans.	Homemade diced lamb and vegetable stir fry with whole grain noodles.	Oven roasted chicken with onion gravy, freshly baked potatoes and stuffing balls.	Savory fish cakes served with roasted potato wedges and baked beans.
<b>Side vegetables:</b>	Steamed broccoli florets and sweet garden peas.	Fresh carrots and white cabbage.	Naturally sweet corn and leeks.	Steamed peas and white cabbage.	Steamed carrots and green beans.
<b>Vegetarian:</b>	Whole grain Mediterranean pasta bake.	Plant based sausages with mashed potatoes and savoury onion gravy.	Medley of vegetables stir fried with wholegrain noodles.	Savory whole grain pastry filled with caramelized onions and cheese.	Macaroni pasta baked in a rich, creamy cheese sauce made from scratch.
<b>Dessert:</b> Fresh fruit and fat free yoghurt is served as an alternative to all desserts.	Naturally sweetened Raspberry jelly, free from added sugar.	Light strawberry yoghurt, naturally low in fat.	No added sugar vanilla ice cream with real fruit.	Freshly baked homemade banana bread.	No added sugar, chocolate angel delight.

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